

**BERKELEY
SHELTER, FOOD, AND SERVICES**

Berkeley Oakland Support Services (BOSS)

2100 M. L. King (at Addison) in Berkeley. This is the most comprehensive organization in the East Bay providing many different services. Some of the services include homeless employment assistance, substance abuse treatment, advocacy, counseling, and adult education. Mail and message service available. Telephone use is permitted. (510) 848-3378.

Harrison House Emergency Shelter, Berkeley-Oakland Emergency Support Services (BOSS)

711 Harrison St. (at 4th.) in Berkeley. Check in at the office on 2100 MLK Jr. Way. The MLK office hours are MWF 9-4pm and TTh 9-2pm. First come, first served. The shelter's hours are 5pm-8am for single women and children. The shelter is open 24 hours for families. There is a separate wing for women and children. No minors are allowed unless accompanied by guardian. Facilities can accommodate 90 people. Free breakfast and dinner. Showers available Mon-Fri 7-10pm. Bring your own towel and soap. Wheelchair accessible.

Women's Daytime Drop-in Center

2218 Acton St. (at Bancroft Way) Hours are Monday through Saturday 9-4pm. Safe daytime shelter for women and children. Provides food, personal hygiene items, information workshops, and other services.

Dorothy Day House

Serves breakfast at People's Park seven days a week. The men's shelter is located at 1931 Center Street, between Milvia and Martin Luther King where there is hot dinner. Shelter during rainy weather.

Youth Emergency Assistance Hostel (YEAH!)

1744 University Ave (between Grant and McGee). (510) 848-1424. Provides seasonal shelter to youths between the ages of 18-25. Open for 20 weeks during winter. Meals, showers, mats with fresh sheets, clean socks and underwear. Separate quarters for women with children. Pets welcome.

Food Not Bombs, East Bay (FNB)

3124 Shattuck Ave. (510)644-4187 or (510)540-0751. Provides hot vegan meals six days a week.

1-800-7SHELTER (1-800-774-3583)

Toll-free 24-hour Shelter Bed Hotline for the entire Bay Area. For more info call **1-800-273-6222**.

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Center for Independent Living 2539 Telegraph Avenue at Blake Street in Berkeley. (510)841-4776. Services for the deaf, blind, and disabled. Independent living skills and job counseling. Financial counseling. There is also assistance for people with mental and/or emotional illnesses. Asian and Latino support services.

The CoHousing Company 1250 Addison St #113 at Bonar, in Berkeley. (510)549-9980. A resource center for individuals or groups who are interested in creating cohousing communities.

Ecumenical Chaplaincy to the Homeless, Berkeley (BECH) 2345 Channing Way between Dana and Ellsworth, in Berkeley. (510)548-0551. This program accommodates work cooperatives, street counseling, community organizing, a clothing ministry, spiritual services and a newspaper written by homeless. Run by homeless and non-homeless volunteers.

LEGAL

Homeless Action Center

2101-A Woolsey Street at Shattuck, in Berkeley. (510)540-0878. This volunteer-based program provides free legal services Alameda County residents who have mental illnesses and also to poverty-stricken residents. The center focuses on benefits advocacy, primarily in the area of Supplemental Security Income (SSI).

MEDICAL AID

Berkeley Free Clinic

2339 Durant Avenue between Dana and Ellsworth, in Berkeley. (800) 6-CLINIC. The BFC is open for general medical services in the evenings Monday through Friday. TB services are only offered on Tuesday evenings, while general medical services will be provided on all other weeknights. Please call at 5:45 PM to arrange a same-evening appointment. The clinic is prepared to treat basic men's STDs, colds and sore throats, simple rashes, and skin concerns. Also tests for TB, pregnancy testing. Limited treatment for ear problems, lower respiratory concerns and urinary tract infections in women.

Note: Not for long-term problems, like diabetes or HIV, or possibly life threatening problems.

Information provided by HomelessResource.Net

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